

Here you go!



On July 17, 2013, the U-Can! Man was inspired by Robin Roberts during the ESPY awards show on ESPN. LeBron James, along with First Lady Michelle Obama, introduced Robin's story. I'd seen bits and pieces of her story before, as she's been one of my greats in sports broadcasting for years. However, the Arthur Ashe Award winning short film shown this night, produced by Tom Cruise, helped me to see the big picture. Robin and her sister did as much as possible to let the world know that the King, Lord Jesus Christ, was the one that did and is doing what is being done to keep Robin not only alive but active on this earth. Robin's mother went home to heaven, but before she passed from this life to the next, she told her daughter over and over to "make a message out of your mess." This thought hit the U-Can! Man in my heart, mind, and gut—this is my reality. I am living in a MESS in some areas of my life, and I have lived through a mess in some other areas. Robin helped me better understand the purpose of [www.johntheucanman.com](http://www.johntheucanman.com) (powered by the U-Can! Man Empowerment Through

Encouragement Shuttle, TUM-ETES). This website, begun in July 2009, was John Wallace Isom Jr. taking what I saw at the time as a mess and using the inspiration to record a message and share it with the world. I had no idea it would take four years (from July 2009 to July 2013) to be:

- 1) Positioned by God on purpose
- 2) Programmed by God on purpose
- 3) Powered by God on purpose
- 4) Pulled by God on purpose
- 5) Played by God on purpose

The next day, I quickly recorded what it was clear God was telling me, the U-Can! Man, back when I thought I was in:

- The College of Mess
- The University of Mess
- The Sport of Mess
- The Graduated but No Job Mess
- The Sickness Mess
- My Mess
- Your Mess
- Mess Mess Mess!

Here's the mindset you need to get in to make a Message out of your Mess:

- 1) This is your mess.
- 2) Time still goes on, clocks still tick, before, during, and after your mess.
- 3) The age-old questions are:
  - a. What do you do with your mess?
  - b. What can others do with your mess?
  - c. What can God do with your mess?
  - d. What is your age, or what was it when the mess began?
  - e. What is the MESSAGE in the mess?
  - f. What is the MESSAGE that you can carry forward from the mess?
- 4) Just the fact that you're thinking about this (taking the Mess Test) means that you're still hanging in there.
- 5) Take the message learned from and through this mess and share it with the world in order to:
  - a. Strengthen others
  - b. Empower others
  - c. Encourage others
  - d. Give hope to others
  - e. Enlighten others

The bottom line is, you have two options, and both of them end with "age." There's messAGE, and blockAGE. What are you doing with your mess? Is your mess your message, or is it your blockage?

Your answer is: \_\_\_\_\_