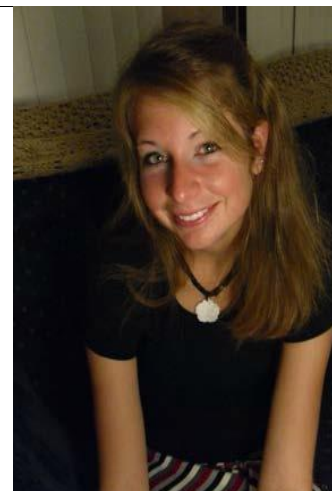


EMPOWERMENT

The U-Can! Man Empowerment Through Encouragement Shuttle "TUM-ETES"

Valdosta-Lowndes County 5 Star Chamber Of Commerce: Member 2007-Present



Graduating with Honors: If I Can, U-Can!

To Be Released December 1, 2013

Mandie Gossage & John The U-Can! Man

Five Whys:

1. Why should I purchase this book?
2. Why should I read this book?
3. Why should I use this book?
4. Why is this book unique?
5. Why should I keep this book and recommend it to my friends?

Two Page Quick Reference Starter Guide

This book is an original in many ways. First, the forward was written before the book was written. This book took five years to complete, as it is a compilation of wisdom gathered from August 2009 through December 2013. The authors, Mandie Gossage and The U-Can! Man, have never spoken to each other face to face or even heard each other's voices. We were united in creating The U-Can! Man's first book, *Return to Honor: A Soldier Story*. Mandie has been The U-Can! Man's editor since July 2008, and during this span of time we have communicated only through by email, Facebook, and Twitter. This is unique in itself.

Mandie and I are not the only ones to contribute to this book. Our book is a project that has been impacted by over 150 people. It is full of fresh ideas that have been proven to yield

success. It was written to be a one-size-fits-all guide to college. Here are just some of the real-life college questions it addresses:

- 1) What's some good advice you got from your college advisor? (page 49)
- 2) What's some advice to help me if I don't know what to do? (page 73)
- 3) What is critical thinking? (page 47)
- 4) Do you have any critical thinking advice? (page 48)
- 5) What advice do you have regarding Spanish class? (page 44)
- 6) How do you encourage someone who is attending college and fearful? (page 40)
- 7) What kind of student do you think is the best kind? (page 60)
- 8) What are some questions parents can ask their college-age children? (page 95)
- 9) What advice do you have for an Atlanta, Georgia resident considering VSU? (page 68)
- 10) What was The U-Can! Man's best class? (page 42)
- 11) How do you deal with being told you can't? (page 24)
- 12) What if I want to graduate in less than four years? (page 70)
- 13) Do you have advice for international students? (page 73)
- 14) What if I'm having a hard time before midterms and final exams? (page 95)
- 15) How do I know if I need tutoring? (page 46)
- 16) I have a major disability. How do I stay focused? (page 83-85)
- 17) How can I study without distractions? (page 80)
- 18) What should I say to family members who want to attend college? (page 69)
- 19) What advice can you share from leaders in Valdosta, Georgia? (page 49)
- 20) What about from national leaders? (page 57)
- 21) Is there a helpful guide filled with many different techniques for achieving college success? (the entire book)

Mandie Gossage and The U-Can! Man offer this mini guide to help you get started. Print off a copy and refer to it as you read our book. There's so much encouragement within for parents, professors, college students, high school students, remedial class students, traditional and non-traditional students, students with a GPA of 4.0, 3.0, or 2.0. This five-year process was conducted with YOU in mind. It will make a super holiday gift for your college student. The U-Can! Man's website is interrelated with this book. It is an extension that allows The U-Can! Man to interact with college students past, present, and future all over the country.

**Book Purchase Availability Details to Be
Released Before December 1, 2013**