

the U-Can! Man Challenge

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I would like the opportunity to share this “Challenge” with people.
The Challenge consists of five parts:

1. Things you cannot afford to do:
 - a. Take easy classes or the easy way out
 - b. Skip school, pick up bad study or work habits
 - c. Fall to peer pressure
2. Use what you have, drawing on knowledge and experience from:
 - a. Parents
 - b. School Officials
 - c. Supervisors
 - d. Clergy
 - e. Business People
3. Remember the “bruised but not broken” advice:
 - a. When things go wrong (and they sometimes will)
 - b. When mistakes happen (and they sometimes will)
 - c. Your attitude plays a major part in you decisions
 - d. Broken does not always mean final
4. Doubting the Challenge is a tragedy
 - a. Without faith in the Challenge you may be doomed
 - b. Without hope in the Challenge you may be doomed
 - c. Without love of the Challenge you may be doomed
5. Don't be a Challenge dropout
 - a. Don't quit
 - b. Don't drop out
 - c. Don't stop trying
 - d. Because it is the same as dropping out of school or quitting your job. It becomes a part of your life resume.

Always Remember U-CAN!

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And I will make them and the places round about my hill a blessing; and I will cause the shower to come down in his season; there shall be showers of blessing.

Ezekiel 34:26

Brother John Wallace Isom Jr.

The U-Can! Man LLC

the U-Can! Man- **WAY**
Winning Attitude for You

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You + Can = U-Can!
You – Can = U-Can't!
Believe that You Can, and U-Can!

Your ability to succeed depends upon your attitude, and thinking that you can do something is the first step toward getting it done. You may not know how rough the railway is going to be, but you still need to get the “I Think I Can” train headed out of the station before you can go anywhere. Back in kindergarten, you were probably introduced to a little train that said, “I think I can, I think I can!” Now that you’ve traveled further down the track of life, maybe it’s time to switch to a different train. It’s time to go from “I think I can” to “I KNOW I can!”

No matter what, U-Can! No matter who, U-Can! No matter where, U-Can! No matter when, U-Can! No matter how, U-Can! And no matter how much, U-Can! What you envision for yourself in your *heart and mind* (HAM) is more important than anything else, so your imagination should know no limitation! If you become your own partner and adopt a U-Can! attitude, the sun and moon can be yours. But even if you fall short of the sun and moon, you’re sure to still be among the stars if you believe that U-Can! Now get out there and, as the U-Can! Man’s son Joshua says, “Go for what you want, don't wait.” Remember to keep a powerful three-letter word in your tool box always. That word is **TRY**, which stands for

T- Totally
R- Realizing
Y- You-Can!

Whether you succeed or fail depends on whether or not you TRY!

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