

The U-Can! Man Assignment Order Complete 10 Years Later 2007-2016.

2007, Assigned by God to tell the people U-Can!

2007-2016, I was asked by thousands of people U-Can! what?

2016, I was given the answer by God U-Can! Forgive.

2016- Beyond, The answer / choice is yours.

2016 - Forever, The U-Can! Man question of the day for YOU every day:

Today are you a forgiver or a unforgiver?

Check Out Tonja Pastor Williams Empowering - Encouraging- Exciting- Example Of Becoming A Forgiver, If She-Can, U-CAN!

Unforgivness is a Blessing Blocker

Click On 7 Days Of The Week Help With Becoming A Forgiver

The U-Can! Man Game For Life

Crying Over Spilt Milk Number Game

What is Your (LSMN) Today? test

"A person or thing will teach you how they are, then that's how you deal with them. Knowing yours and their spilt milk number is key to knowing how to deal with you, them or it. Remember before you deal play the The U-Can! Man Life Spilt Milk Number (LSMN) 7 Decisions Game.

The U-Can! Man View Of Each Spilt Milk Number

1 - I cry over the spilt milk?

- A. Snivel
- B. Shed tears
- C. Weep

Over the Milk Spilt



John Isom

2 - I pick up the spilt milk?

- A. Make a choice
- B. Single out
- C. Pick and choose

Up the Milk Spilt

3 - I go and get more milk?

- A. Set out
- B. Go away
- C. Leave

And get more

4 - I pout?

- A. Show displeasure
- B. Glare
- C. Be in a temper

Pout

5 - I focus on the spilt milk?

- A. Focal point
- B. Meeting point
- C. Center of attention

on the spilt milk



Karen Isom

6 - I focus on the milk not spilt?

- A. Heart
- B. Hub
- C. Spotlight

on the milk not spilt

7 - I decide to do nothing?

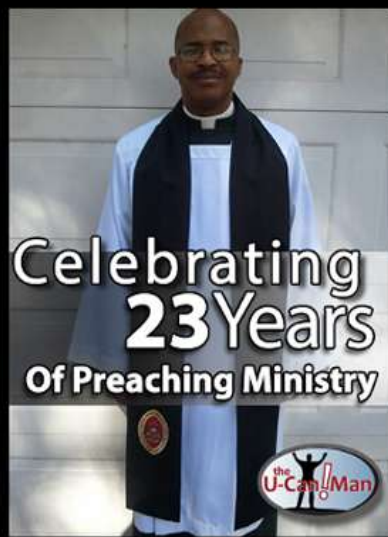
- A. Make a decision
- B. Come to a decision
- C. Make your mind up

to do nothing

The Key To This Game Is Mastering The Below quotation

"A person or thing will teach you how they are, then that's how you deal with them. Knowing yours and their spilt milk number is key to knowing how to deal with you, them or it. Remember before you deal play the The U-Can! Man Life Spilt Milk Number (LSMN) 7 Decisions Game.

[Click Here to Play the U-Can! Man Crying Over Spilt Milk Number Game](#)

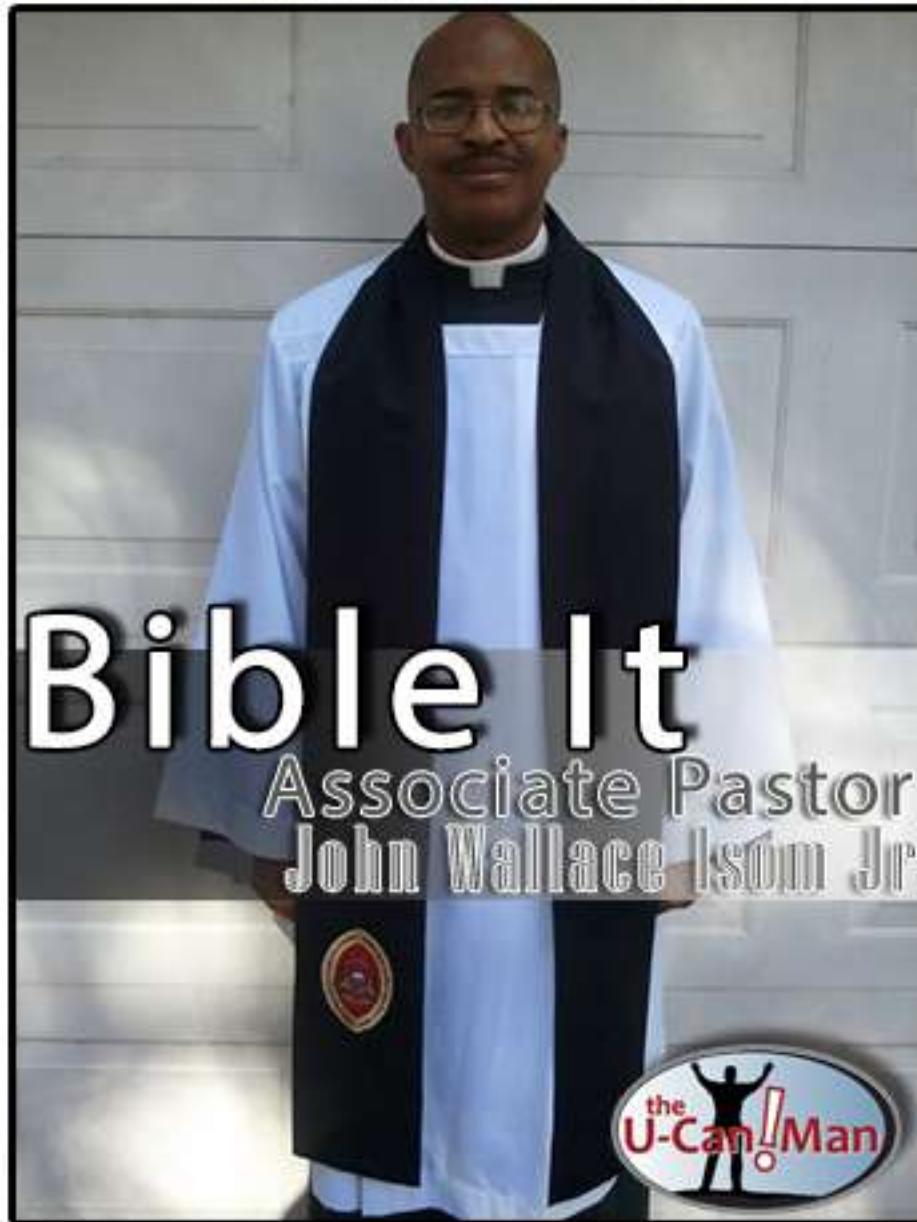


Let's Bible It

Start Children off on the way they should go, and even when they are old they will not turn from it.

Proverbs 22:6

There is good in everyone. The good is either used or unused. Some people make a decision to use the good, ignore the good, and some need help in order to activate the good. "U-Can" is a tool/resource/strategy/model/**attitude** created to speak to the good in people to increasing our **aptitude** and **altitude**. When the U-Can Man graduated, December 2013 from Valdosta State University, Dr. Chet Ballard challenged me to take my sociology degree to go **be a Do-Gooder**.



My Do-Gooder Verse *Philippians 4:13*

*"I can do all things through Christ.
Which strengthens me."*