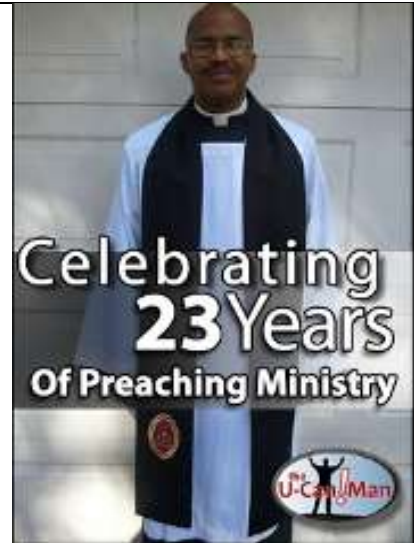


1. John Wallace Isom Jr (1964 Present) 52 Years
2. Born Again Believer (1977 Present) 39 Years
- 3.
4. Minister John Wallace Isom Jr (1994 Present) 23 Years
5. SFC John Wallace Isom Jr (1982- 2007) 25 ½ Years
- 6. 3 Life Creeds Given (2004 2006) 10-12 Years**
7. SFC ® John Wallace Isom Jr (2007 Present) 10 Years
8. John “The U Can! Man” Isom (2006-Present) 10 Years
9. Pastor John Wallace Isom Jr (2015 Present) 1 ½ Years
10. John “The U-Did It! Man (17 Strategies Proven)
11. www.johntheucanman.com (2009-Present) 7 Years
12. John and Karen Isom (22 Dec 1990) Married 25Years



Ephesians 3:20KJV)

²⁰Now unto him that **is able** to do exceeding abundantly above all that we ask or think, according to the power that worketh in us,

3 LIFE CREEDS TO LIVE / PROVE AGAIN AND AGAIN WHILE LIVING ON EARTH

1. **Creed #1** Philippians 2:5-11 U-Can! Perform at optimum levels **under extreme adversity**, with a Jesus Christ type attitude never doubting His Word. U-CAN!
2. **Creed #2** Philippians 4:13 U-Can! Perform at optimum levels **under extreme adversity** with a can-Do attitude, never giving up on God U-CAN!
3. **Creed #3** Philippians 4:19 U-Can! Perform at optimum levels under extreme **adversity** with an assurance that God has supplied all Your Need, never losing sight of this awesome promise from the Word of God Lord

Jesus Christ You gave me these 3 U-Can! Creeds.(2004-2007) Lord as I write these three creeds out I ask you to Cement them in my Lifestyle. I pray this prayer in the Name of Jesus Christ Amen.

God Awesome Results

April 2009- April 2015 (7 Years Unemployed) Married with 5 Children.

See www.johntheucanman.com

To God Be The Glory (ALL) Great Things He Help Me Do

1. God Help Me Validate These 3 Creeds
2. God Help Me Prove These 3 Creeds
3. God Help Me Confirm These 3 Creeds
4. God Help Me demonstrate These 3 Creeds
5. God Help Me establish These 3 Creeds
6. God Help Me verify These 3 Creeds
7. God Help Me show These 3 Creeds
8. God Help Me bear out These 3 Creeds
9. God Help Me exhibit These 3 Creeds
10. God Help Me provide evidence These 3 Creeds

In Others Words GOD DID THIS!



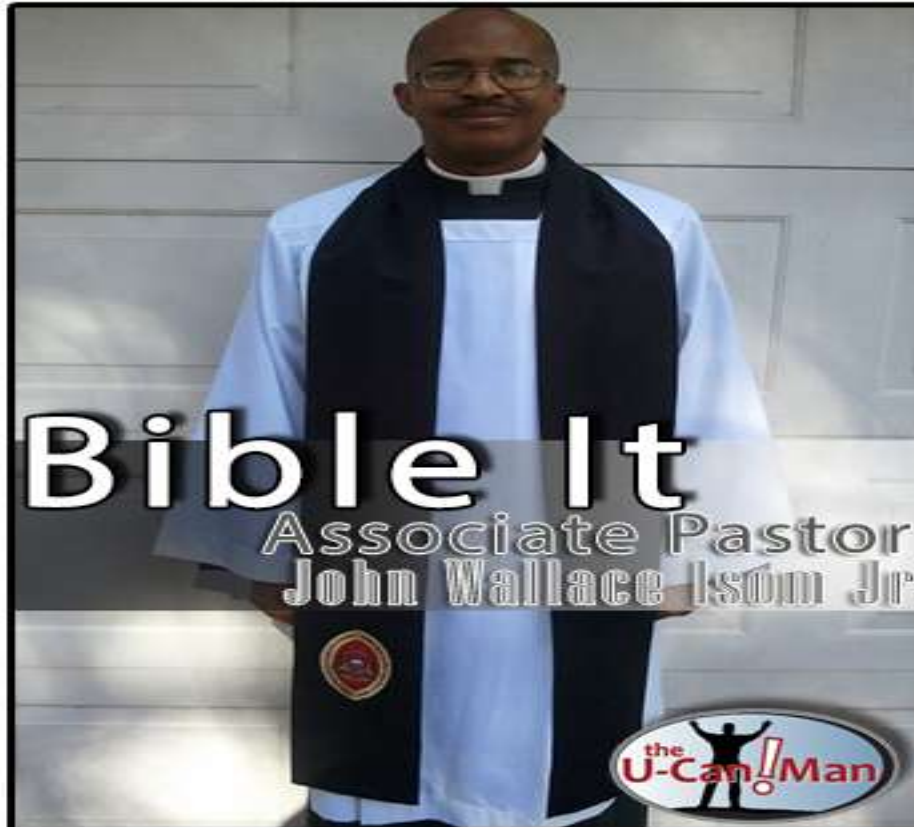
2007-Present The U-Can! Man Answer Is 100%

NO LORD THERE IS NOTHING TO HARD FOR YOU GOD!

I See Every American As Driving, Striving, And Thriving 2013 Through 2016

I SEE EVERY AMERICAN AS DRIVING, STRIVING, AND THRIVING 2013 THROUGH 2016		
Drivers	Strivers	Thrivers
force make coerce constrain impel compel oblige take	struggle endeavor go all-out do your best do your utmost make every effort try hard attempt	flourish prosper succeed boom blossom increase bud grow
The U-Can! Man Say	The U-Can! Man Say	The U-Can! Man Say
Today U-Can!...If Needed	Today U-Can!... If Needed	Today U-Can!... If Needed
Force	Struggle	Flourish
Make	Endeavor	Prosper
Coerce	Go all-out	Succeed
Constrain	Do your best	Boom
Impel	Do your utmost	Blossom
Compel	Make every effort	Increase
Oblige	Try Hard	Bud
Take	Attempt	Grow

There is good in everyone. The good is either used or unused. Some people make a decision to use the good, ignore the good, and some need help in order to activate the good. "U-Can" is a tool/resource/strategy/model/**attitude** created to speak to the good in people to increasing our **aptitude** and **altitude**. When the U-Can Man graduated, December 2013 from Valdosta State University, Dr. Chet Ballard challenged me to take my sociology degree to go **be a Do-Gooder**.



My Do-Gooder Verse *Philippians 4:13*

*"I can do all things through Christ.
Which strengthens me."*

**The Key Is Knowing When To Be A
Driver- Striver-Thriver
The Choice Is Yours For The Making**

ENCOURAGEMENT WORD FOR JOHN THE U-CAN! MAN FROM MINISTER ANTHONY PAMPLIN.



Received 19 March 2011, Spring Break 2011 at VSU

"John, I will bless the Lord at all times, his praise shall continually be in my mouth. O magnify the Lord with me, and let us exalt His name together. Brother, God is great and greatly to be praised. As you continue to seek the Lord always remember to stay in FOCUS. Don't forget to

Filter distractions, the U-CAN man will

Overcome Obstacles, always

Commit to the cause of Christ, you are

Unique and made in the image of all mighty God,

Shoulder responsibility by taking control of your actions.

When the enemy shall come in like a flood, the Spirit of the Lord shall lift up a standard against him. John as you continue this journey called life, know that you are victorious, you are an overcomer, and you are a child of the most high God. I encourage you to pursue the plans God has for you. Overtake the enemy when he tries to discourage you. Recover everything the devil stole from you. Stay in FOCUS:

F-ilter distractions,

O-vercome obstacles,

C-ommit to the cause,

U-nderstand your uniqueness,

S-houlder responsibility.

The devil thought he had The U-CAN man but praise be to God you got away. The Lord provided a way of escape. As you look back over your life, as you think things over, you can truly say that the U-CAN man is blessed, you've got a testimony. God has chosen you for such a time as this to tell everyone U-CAN FOCUS." Your brother in Christ, Minister Anthony Pamplin

THE U-CAN! MAN 7 BOTTOM-LINE UPFRONT (BLUF) LIFE QUESTIONS

1) What Is The U CAN! Man?	A BRIDGE BUILDER	
2) What Does The U Can! Man Do?	GIVE HOPE	
3) What Is the U Can! Man Message?	U- CAN!	
4) What Does The U Can! Man Want?	TO HELP PEOPLE	
5) What Is The U Can! Man Desire?	TO MAKE A DIFFERENCE	
6) What does The U Can! Offer?	EXAMPLE	
7) What will The U Can! Man be?	HAPPY EVERYDAY	

SEE WWW.JOHNTHEUCANMAN.COM VIEW 10 YEAR (2006-2016) GOD BLESSED RESULTS

16 Strategies proven Through
R-Remain Positive A- Act Locally T-Think Globally
S-See Effectively (RATS)

#1 RATS -Strategy

#2 Individual Created Quotes-Strategy

#3 Do What They Can't 2009-2013- Strategy

#4 The Power Of You Can - Strategy

#5 Proven Student Self-Quiz-Strategy

#6 Do What They Can't #2 2015-2019- Strategy

#7 U-CAN! -Strategy

#8 "YOU-TRY" Green Eggs And Ham- Strategy

#9 Gun Violence Prevention-Strategy

#10 College Plan Of Success- Strategy

#11 House Of Hope College- Strategy

#12 Community EBC-CKW-KFC- Strategy

#13 Three Life Creeds To Live-Strategy

#14 Website Outside The Rules- Strategy

#15 Tell Them You Can College -Strategy

#16 Bible It - Strategy

I Must Believe - #1: U-CAN!-
Then Know - #2: U-COULD!-
Then Today - #3: U-CONTINUE!-
As Always Remember U-CAN!

JEHOVAH-JIREH

"The Lord will provide a sacrifice"
Gen. 22:13

JEHOVAH-RAPHA

"The Lord that healeth thee"
Exo. 15:26

JEHOVAH-SHAMMAH

"The Lord is present"
Ezek. 48:35

JEHOVAH-SHALOM

"The Lord our peace"
Jud. 6:24

JEHOVAH-NISSI

"The Lord our banner"
Exo. 17:8,15

JEHOVAH-RAAH

"The Lord my Shepherd"
Psalm 23

JEHOVAH-TSIDKENU

"The Lord our righteousness"
Jer. 23:6